

Wearing My Mask During COVID-19



By Heather Androsoff



Digital social stories for school and home that support children's social-emotional learning and development.



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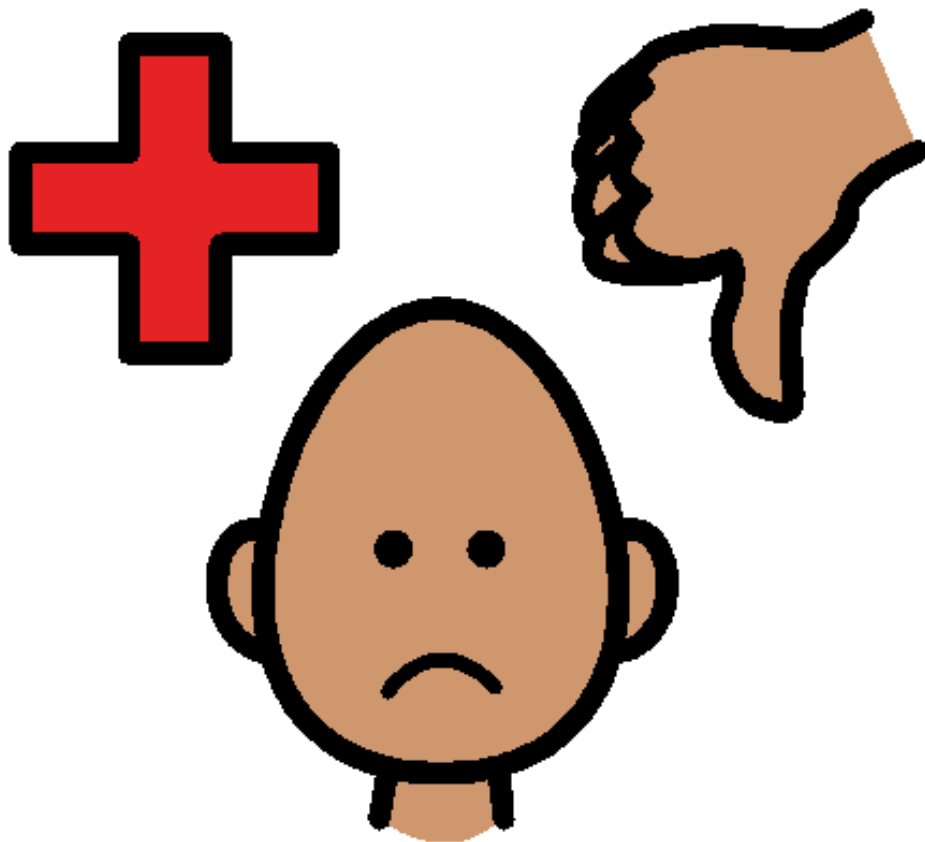
 @heatherandrosoff

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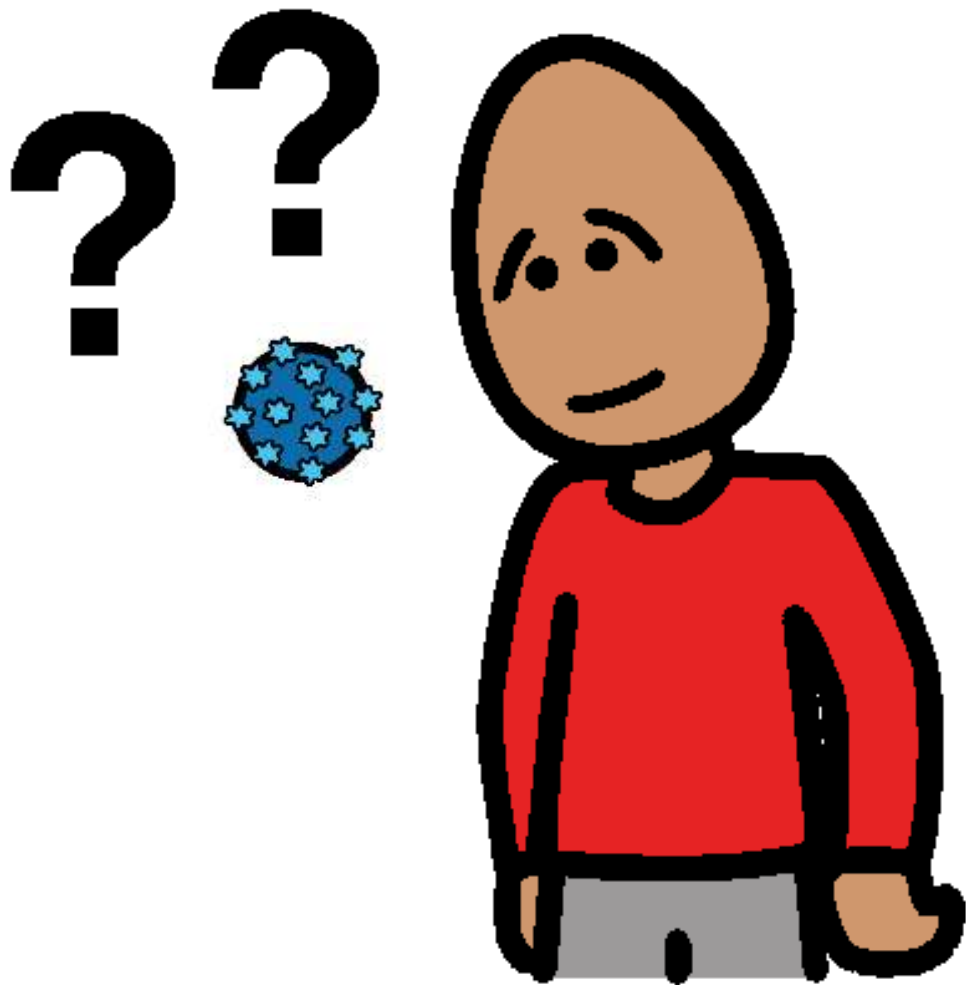


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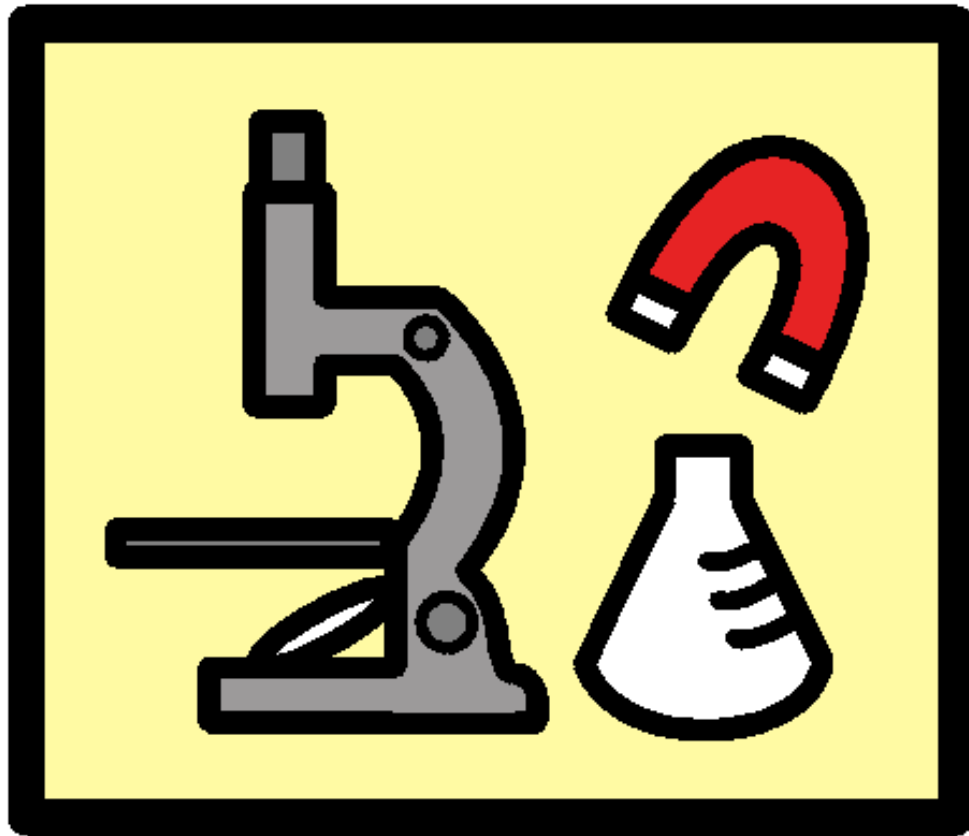
A virus is making
people sick in
places around the
world.



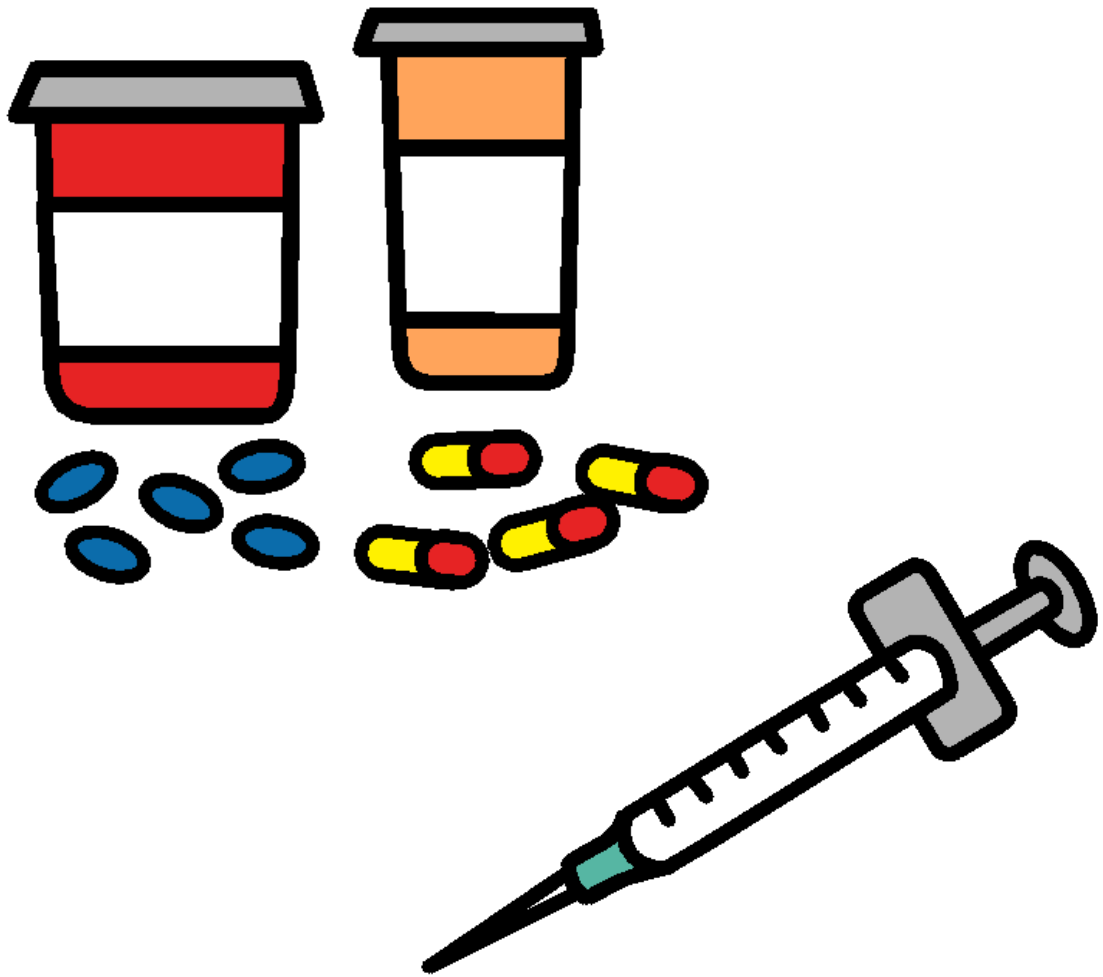
It is a new virus.



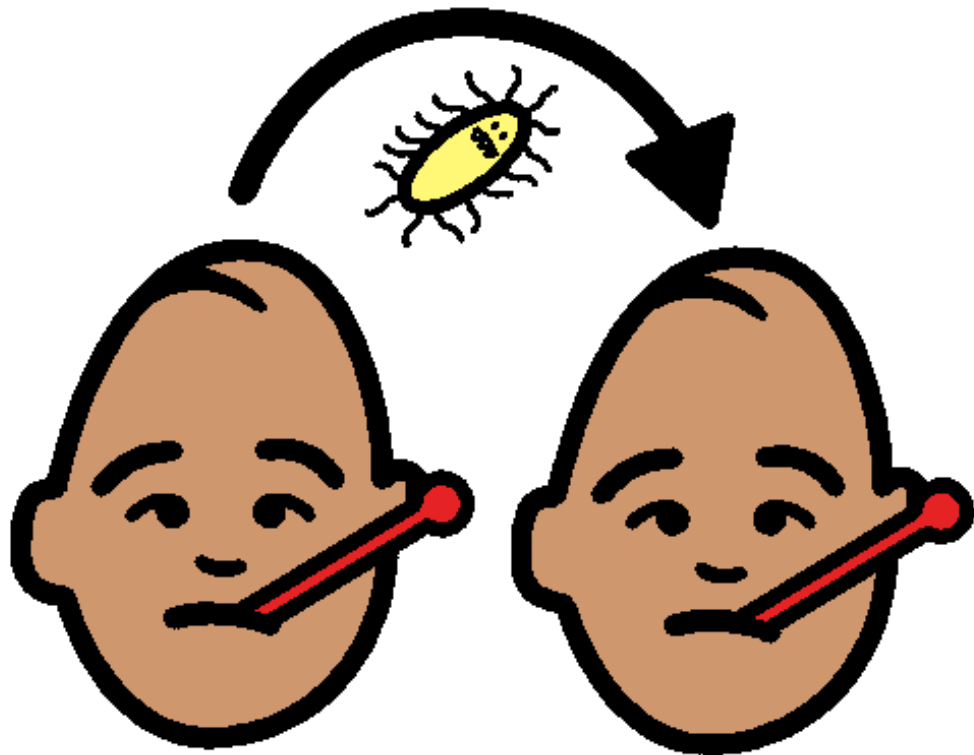
It will take doctors
and researchers
time to learn more
about the virus.



Hopefully they will
find ways to help
fight the virus.



The virus is contagious, which means that people can catch it from each other.



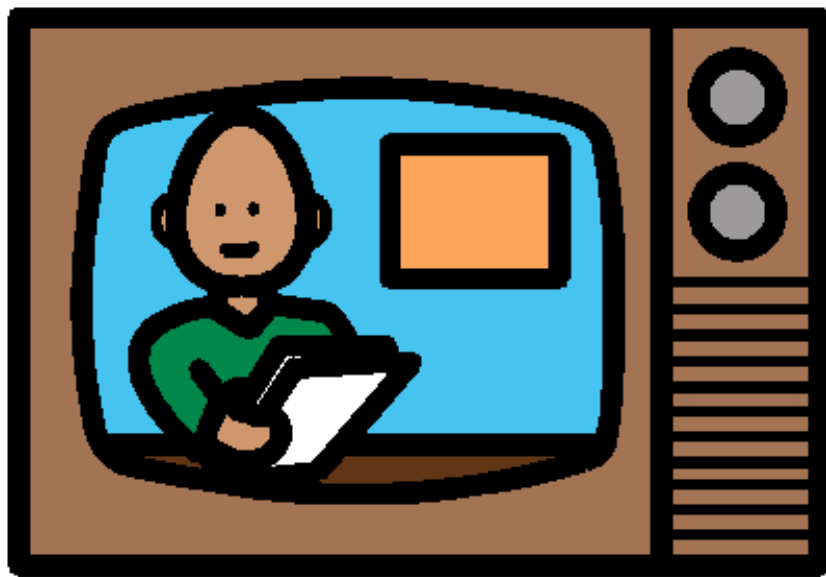
The virus effects
people differently.



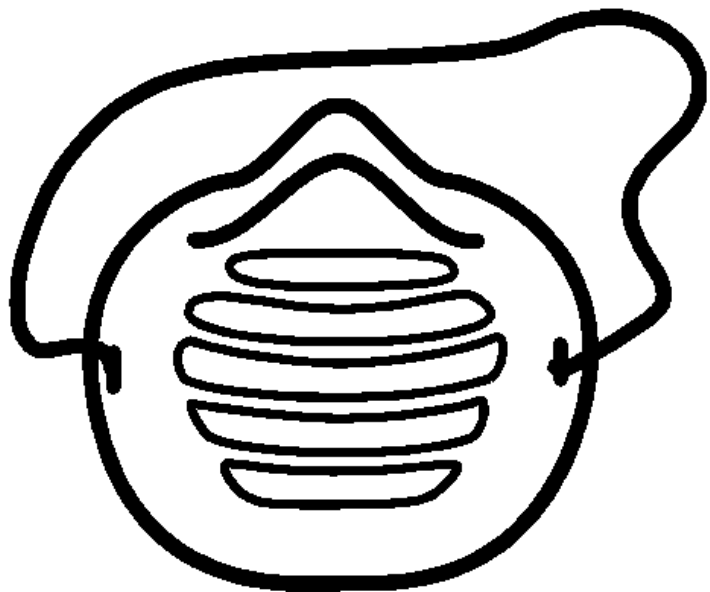
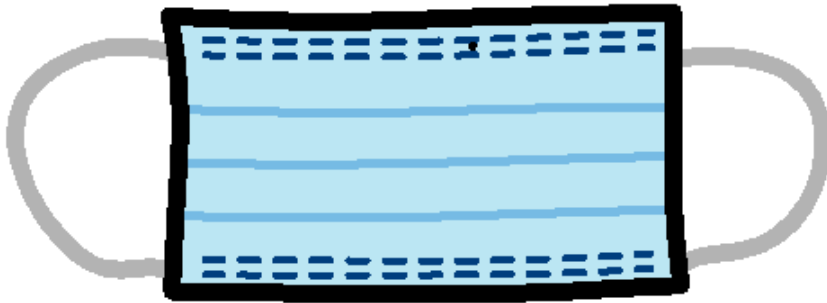
The virus can be especially dangerous for some people.



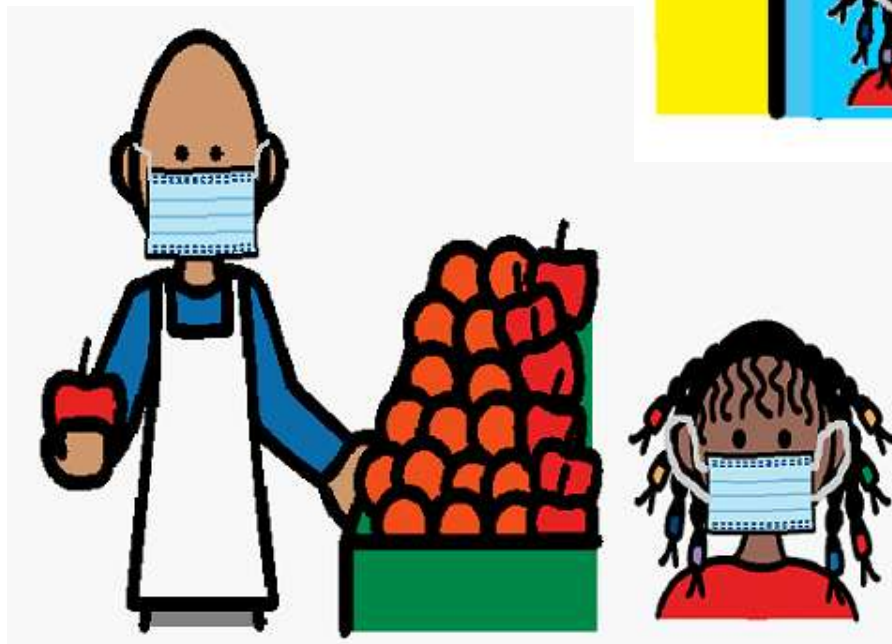
Health professionals
and world leaders
want people to do
their part to stop
the spread of the
virus.



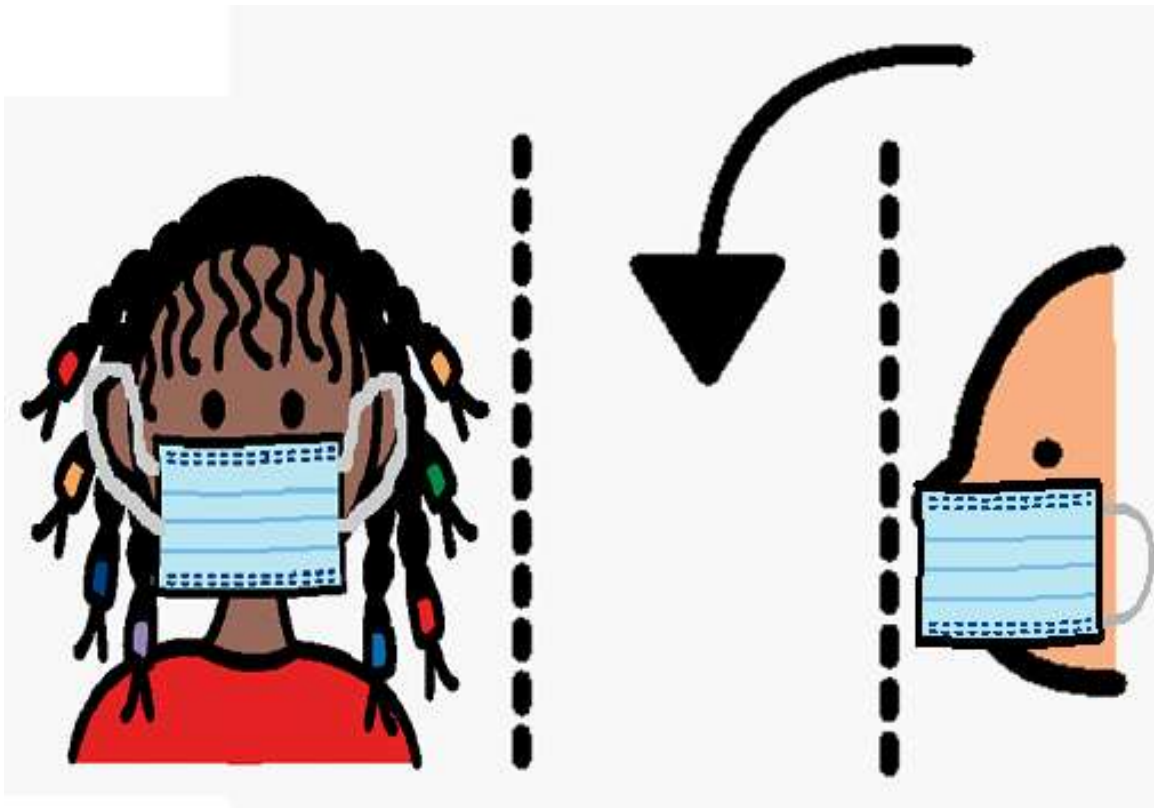
Masks can help
protect people
from getting sick.



I wear my mask
when I go to busy
and crowded
places.



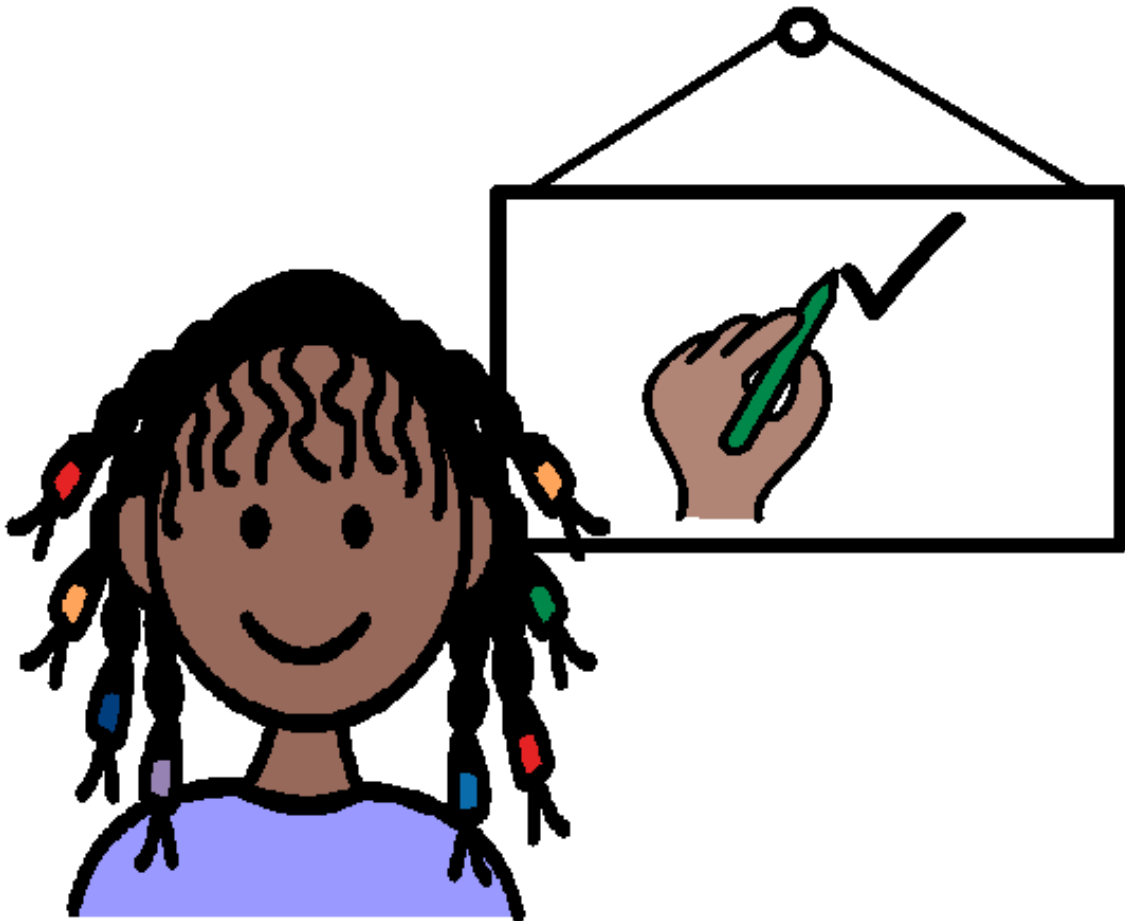
I wear my mask
when it is hard to
stay physically
distanced from
others.



I wear my mask
when I am sick.



I use my mask
correctly and I take
care of my mask.



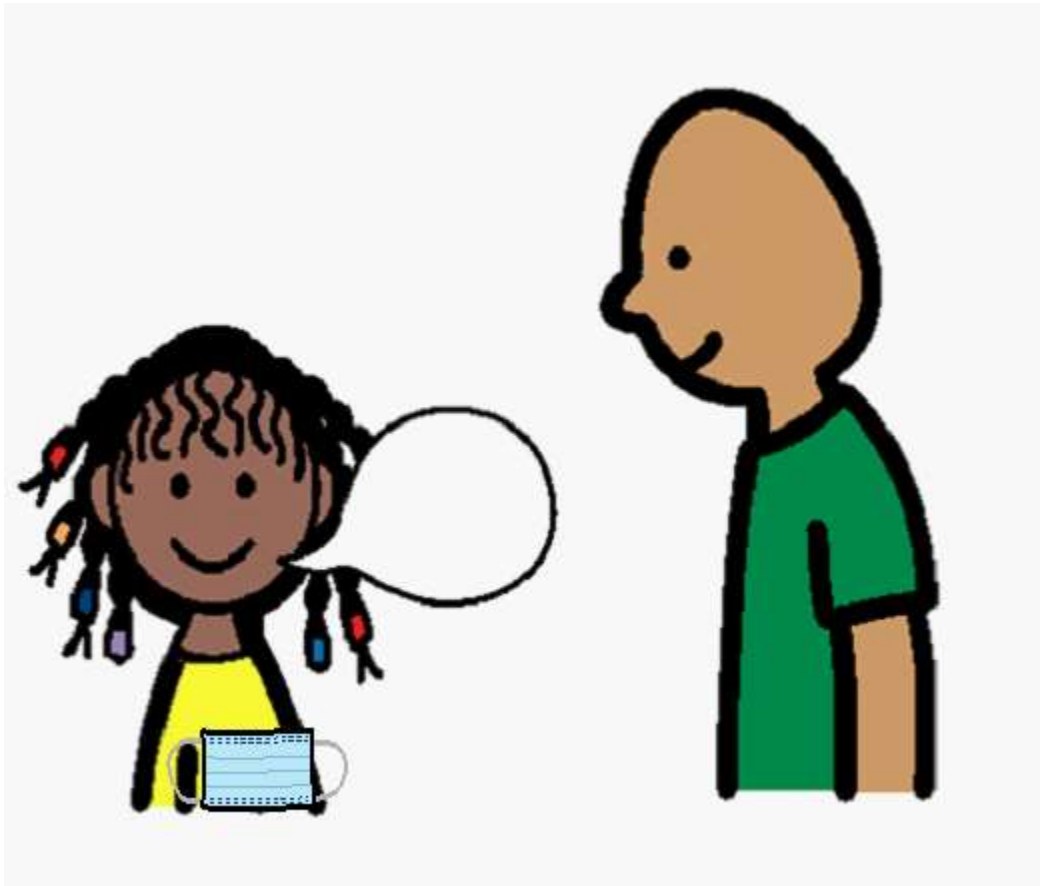
I clean my hands
before putting on
my mask.



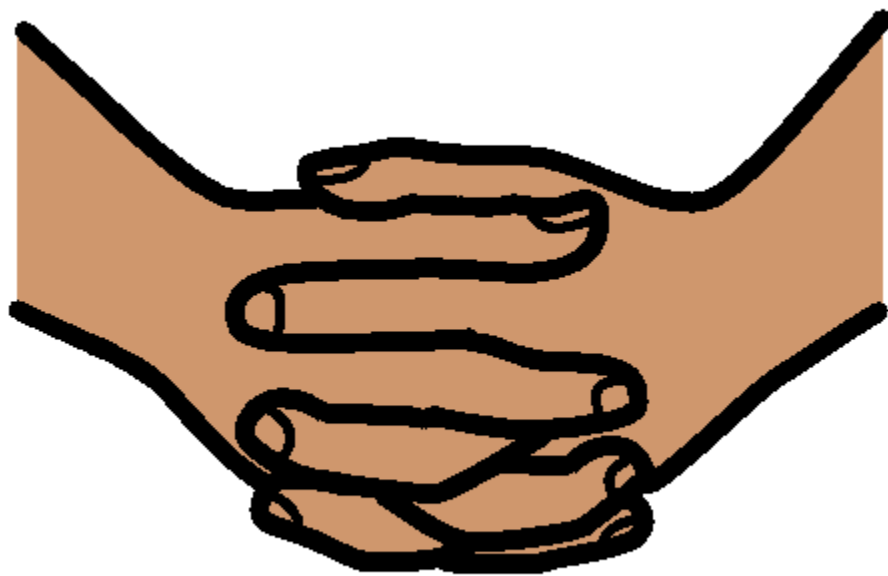
I make sure my
mouth, nose, and
chin are covered
by my mask.



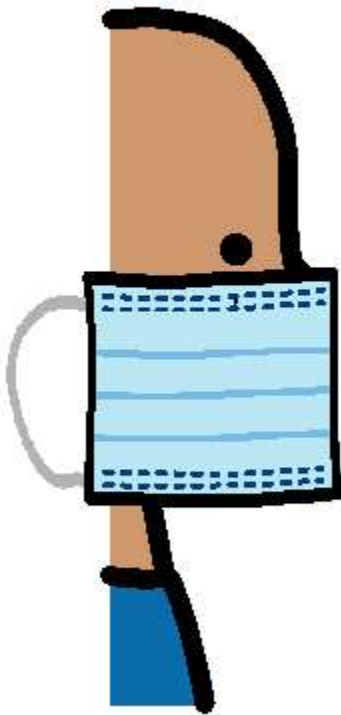
I ask an adult to help me adjust my mask so there are no gaps on the sides.



I do not touch my
face while I am
wearing my mask.



I talk with others
while I am wearing
my mask.



I stay at least 1 meter away from others while I am wearing my mask.



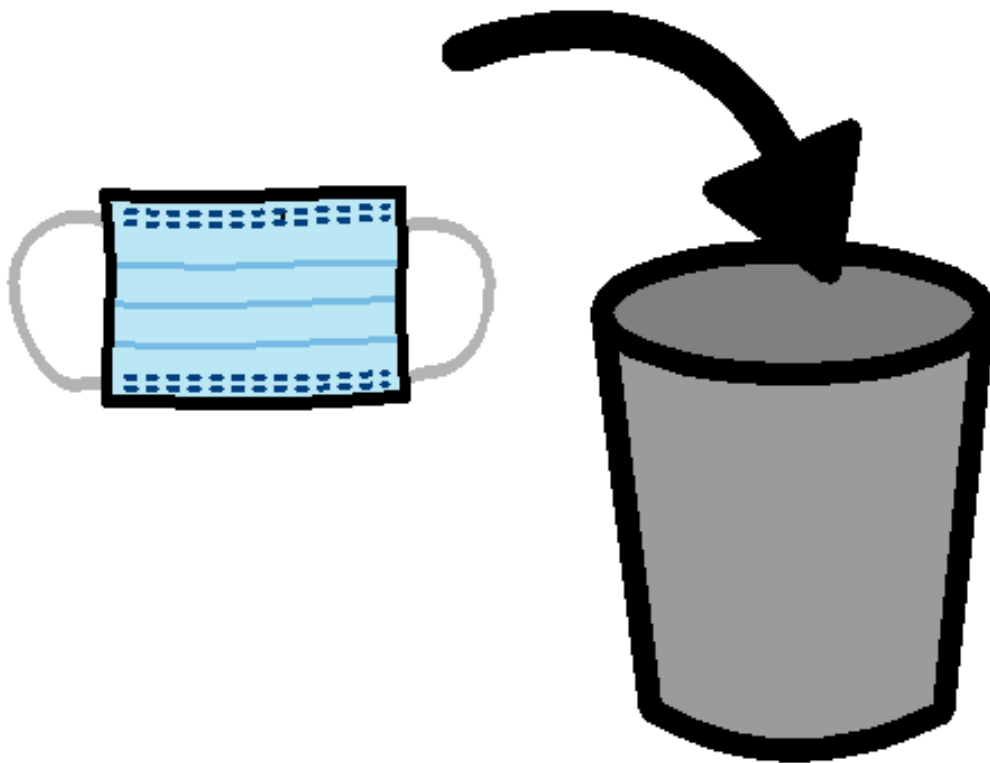
I use my eyes to smile at others.



I do not need to
wear my mask
when I get home.



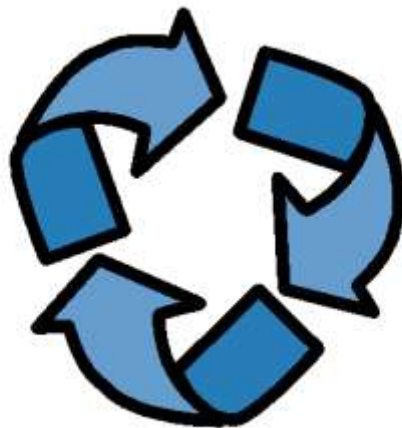
If my mask is
disposable, I throw
it away.



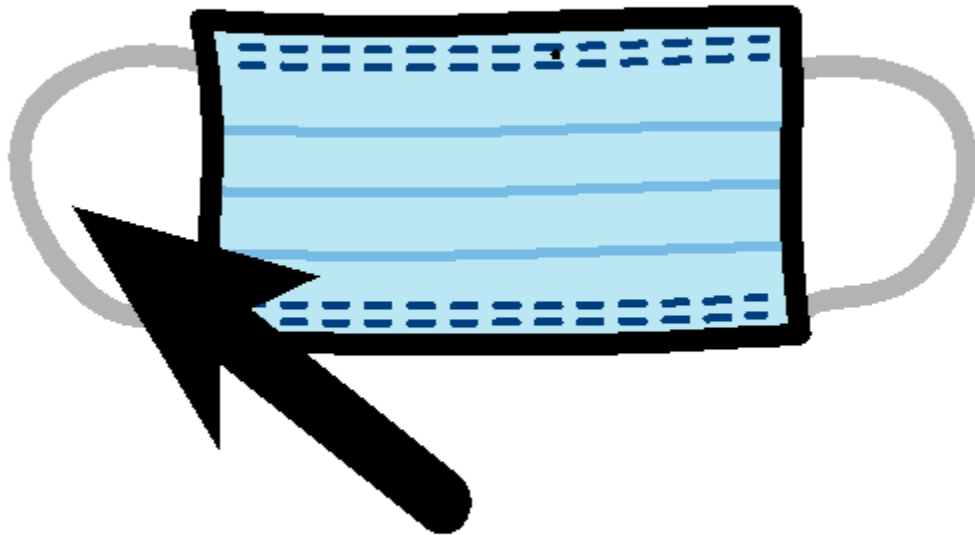
Then I clean my hands.



If my mask is reusable, I clean my hands before I take off my mask.



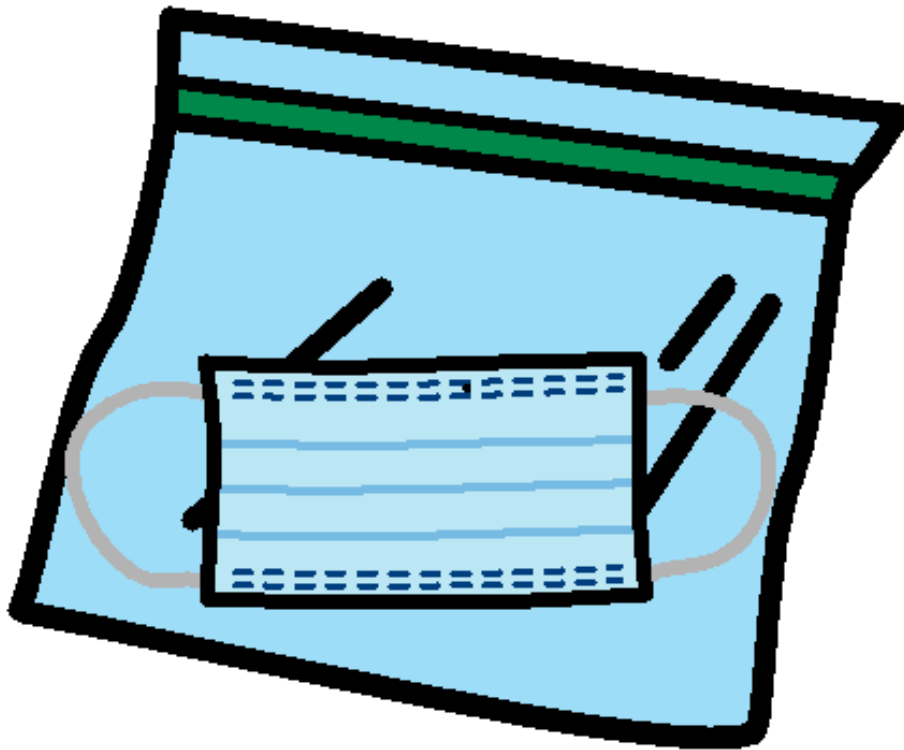
I use the loops on the sides to take off my mask.



I clean my mask
once a day in hot,
soapy water.



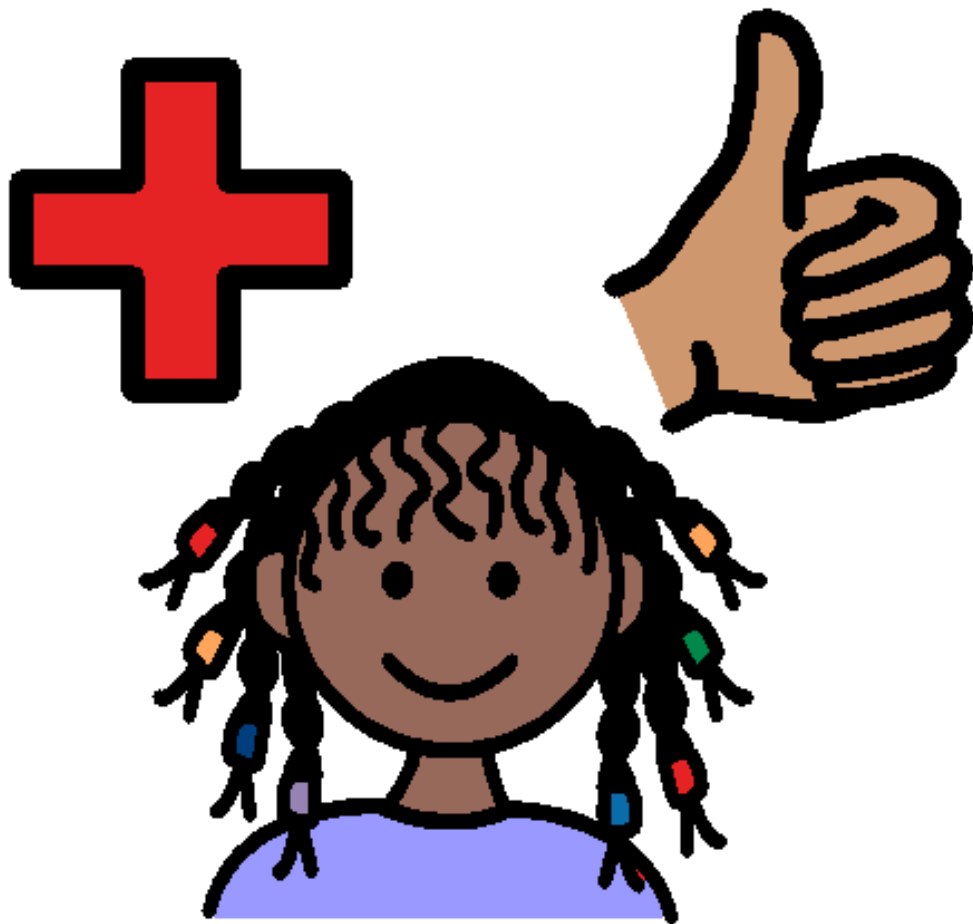
Once it is dry, I store
my mask in a clean,
sealable bag.



My mask is mine. I
do not use other
people's masks or
share my mask with
others.



Wearing a mask
helps to keep us
safe!



Check out these digital stories by Social Stories 4 Kids:

**I Can Wonder
About The
World**



By Heather Androsoff

**When A New
Baby Arrives**



By Heather Androsoff

**What Hands
Are For**



By Heather Androsoff

**Snack Time
At School**



By Heather Androsoff

**I Can Practice
Mindfulness**



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**Feeling Safe
At School**



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**Caring For
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At School**



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**Sitting At The
Carpet**



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Friends**



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**When A
Pet Dies**



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Screen Safety



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At School**



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**I Can Focus
At School**



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Someone Dies**



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**Learning
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