

Wearing My Mask During COVID-19



By Heather Androsoff



Digital social stories for school and home that support children's social-emotional learning and development.



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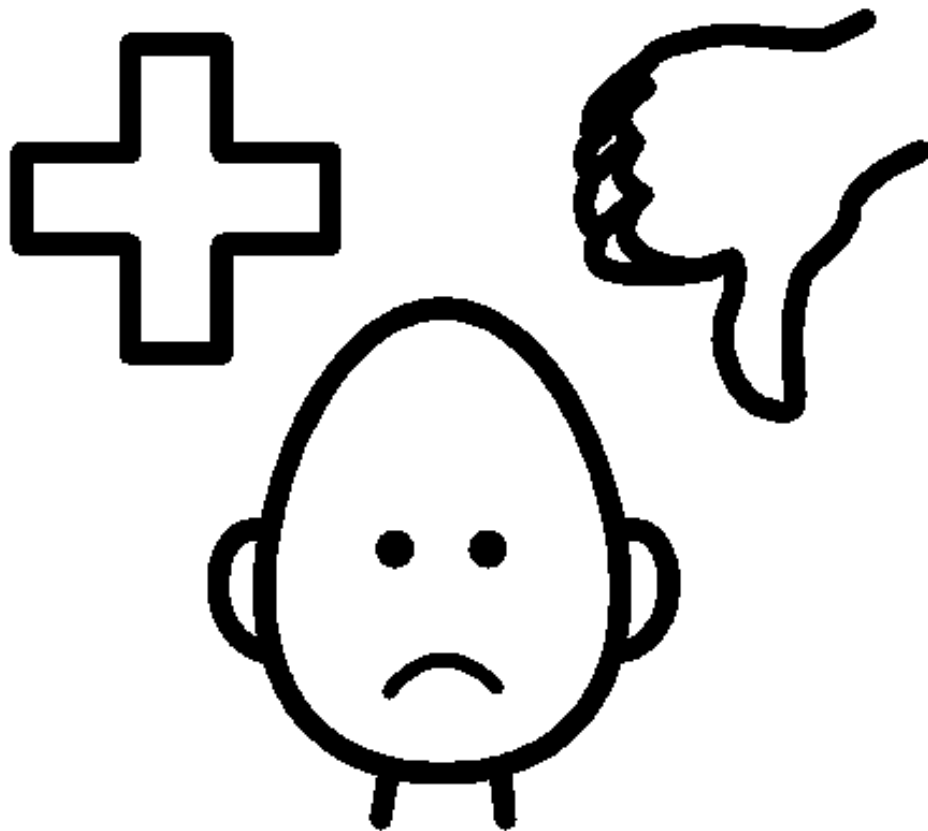
 @heatherandrosoff

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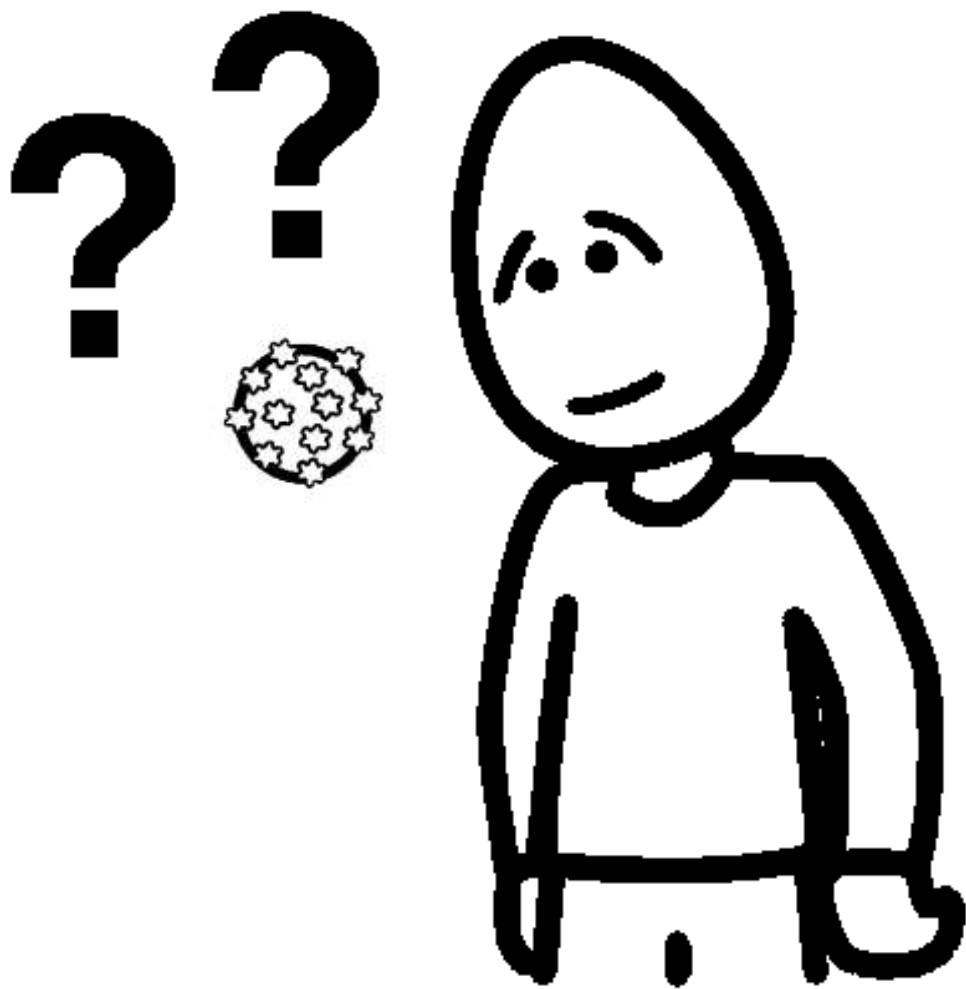


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A virus is making
people sick in
places around
the world.



It's a new virus.



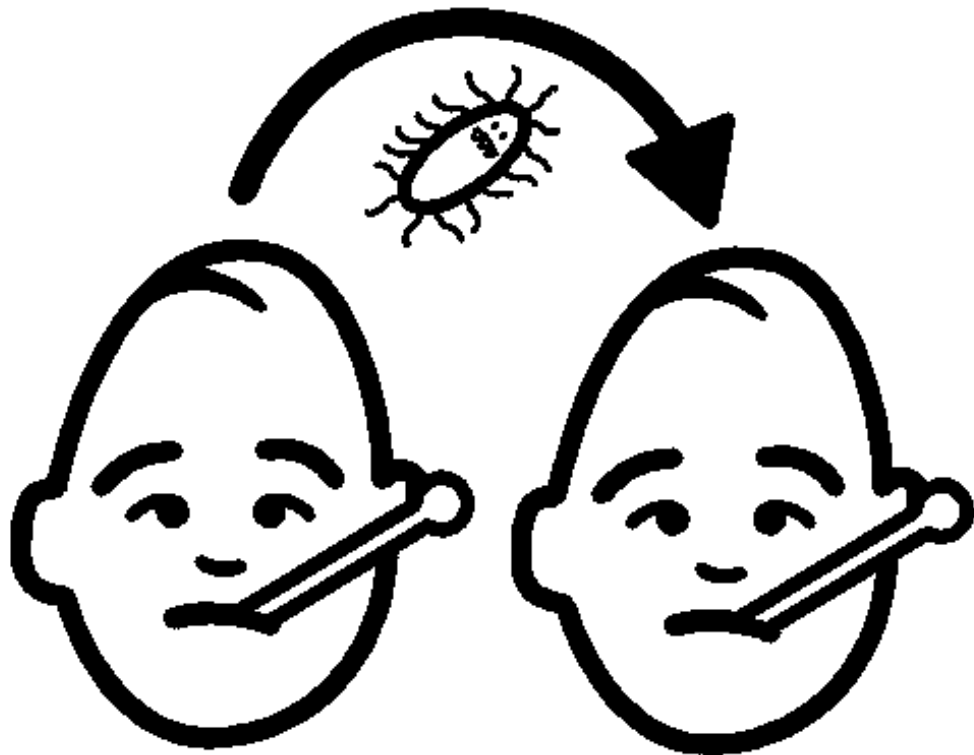
It'll take doctors
and researchers
time to learn more
about the virus.



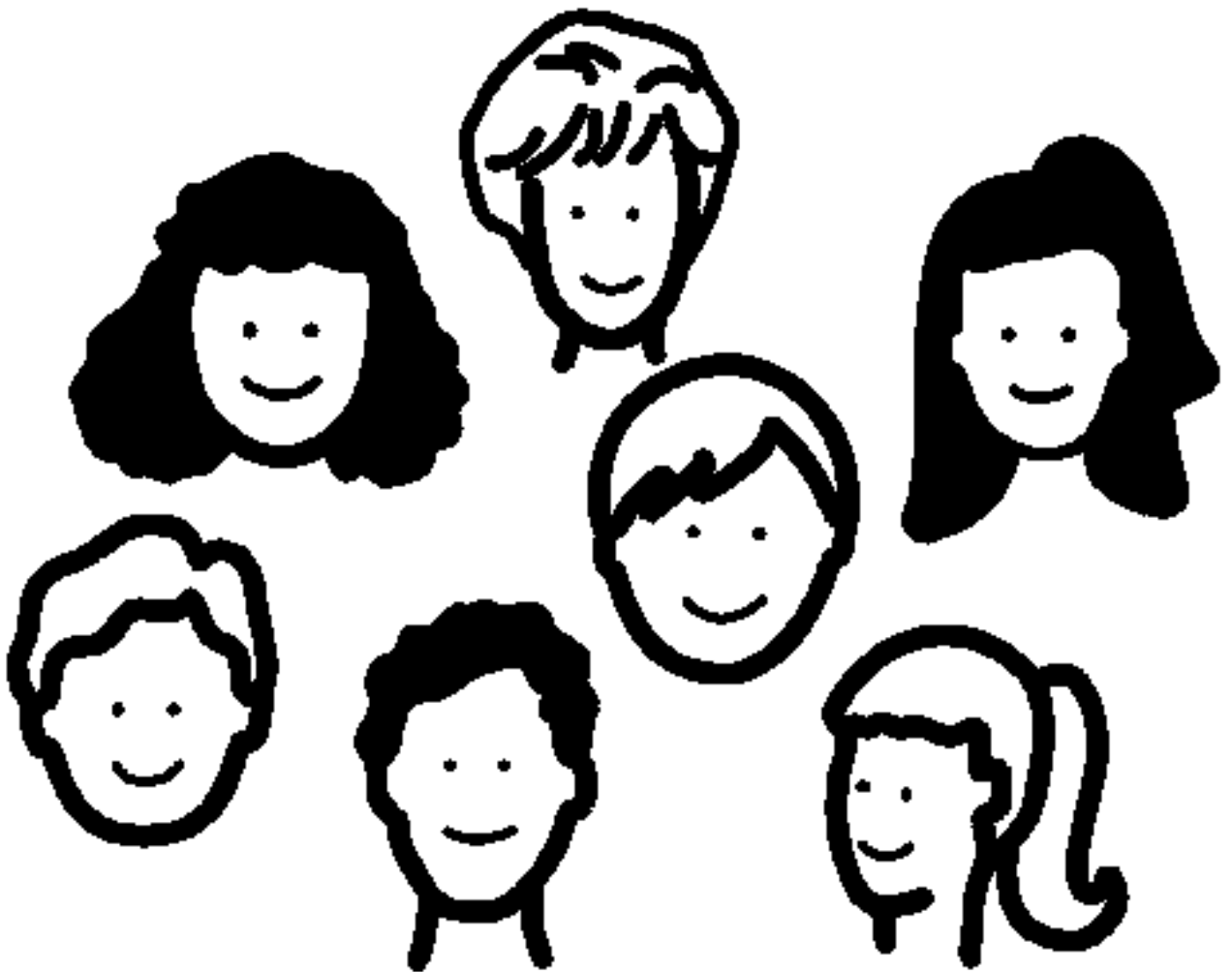
Hopefully they'll
find ways to help
fight the virus.



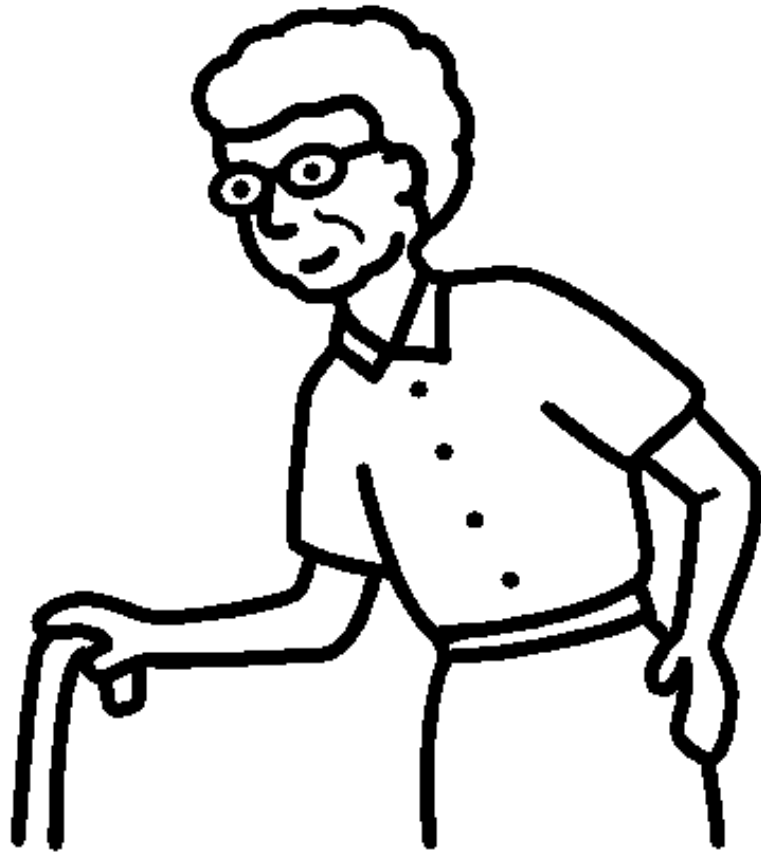
The virus is contagious, which means people can catch it from each other.



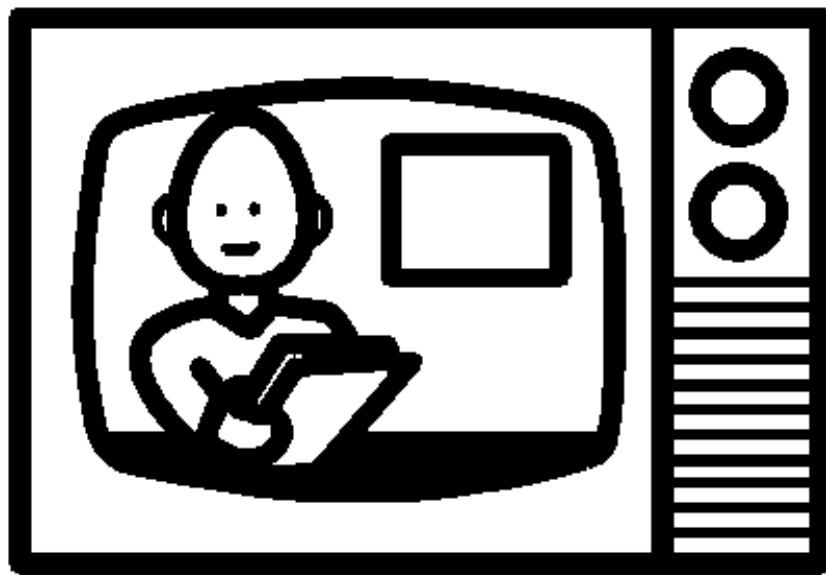
The virus affects
people differently.



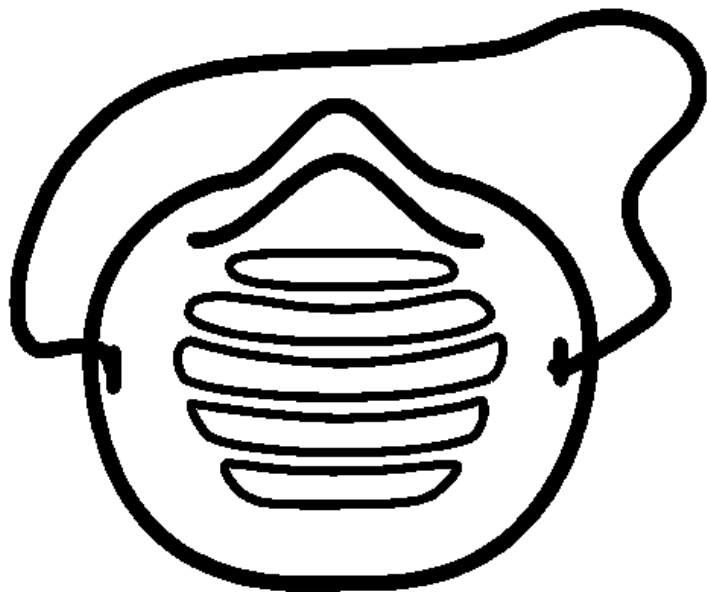
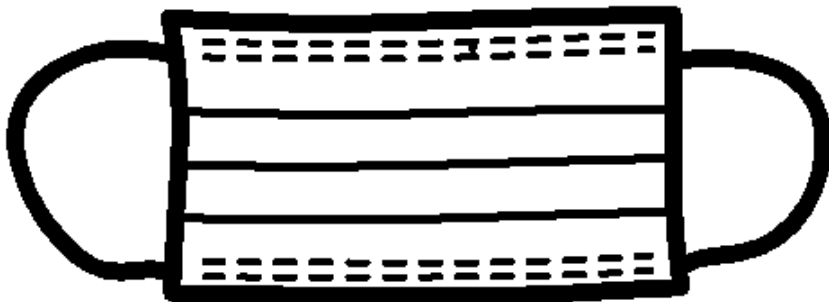
The virus can
be especially
dangerous for
some people.



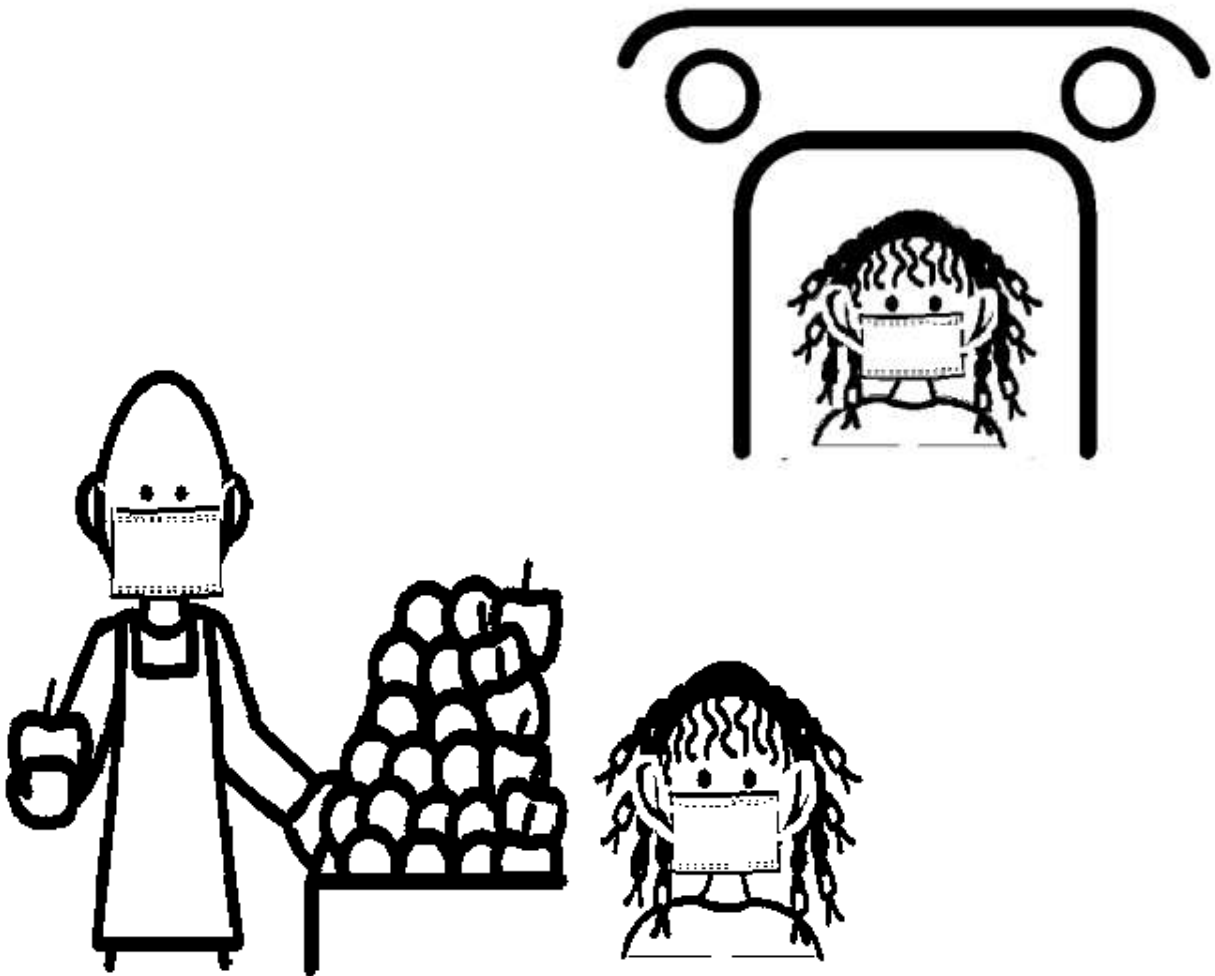
Health professionals
and world leaders
want people to
do their part to
stop the spread
of the virus.



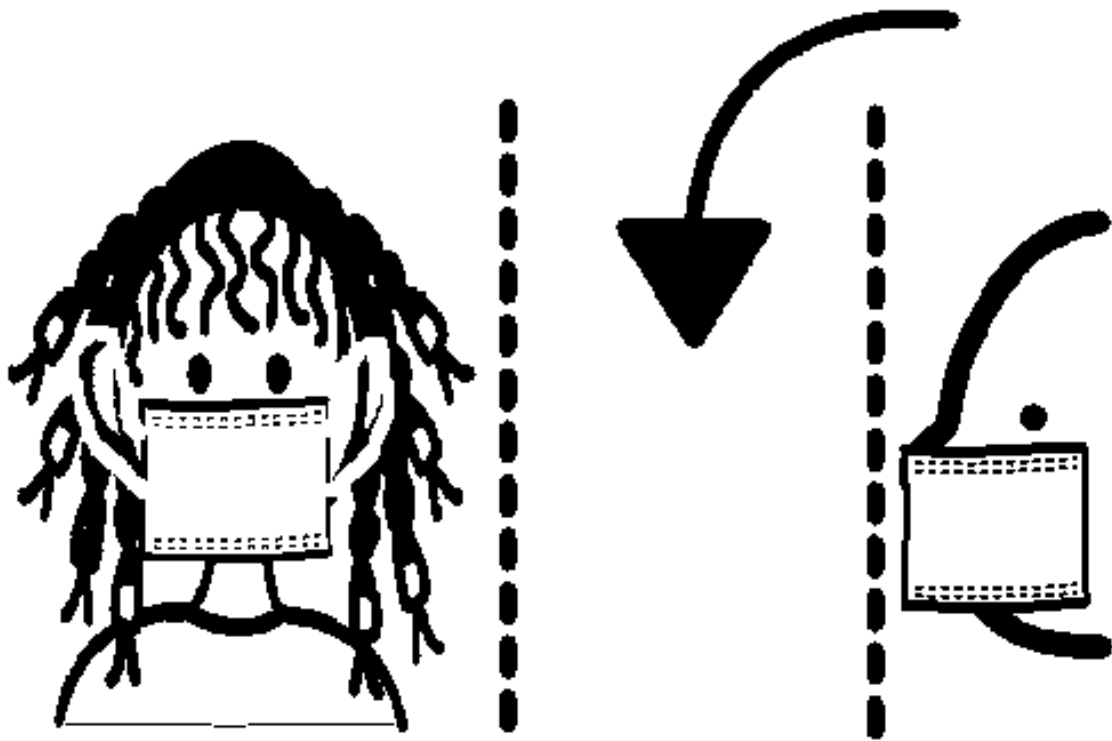
Masks can help
protect people
from getting sick.



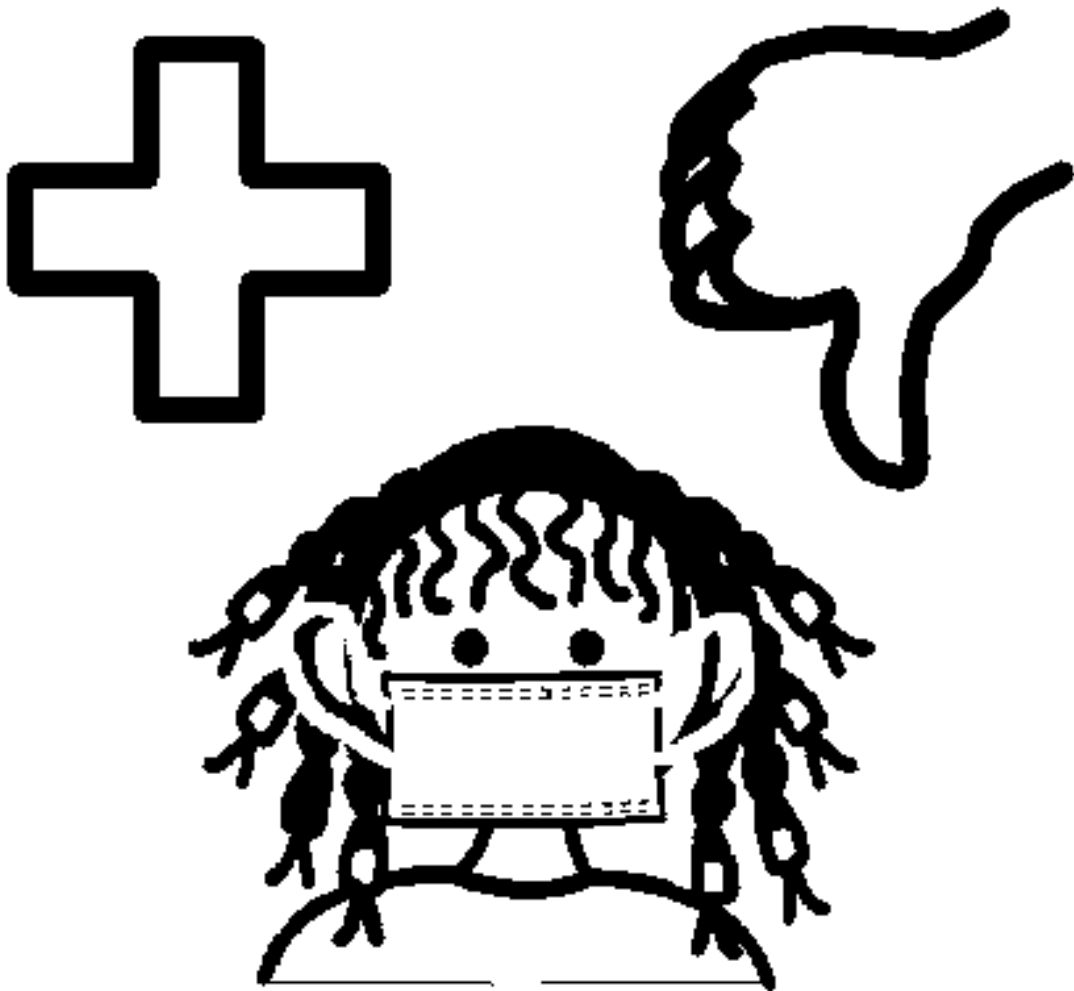
I wear my mask
when I go
to busy and
crowded places.



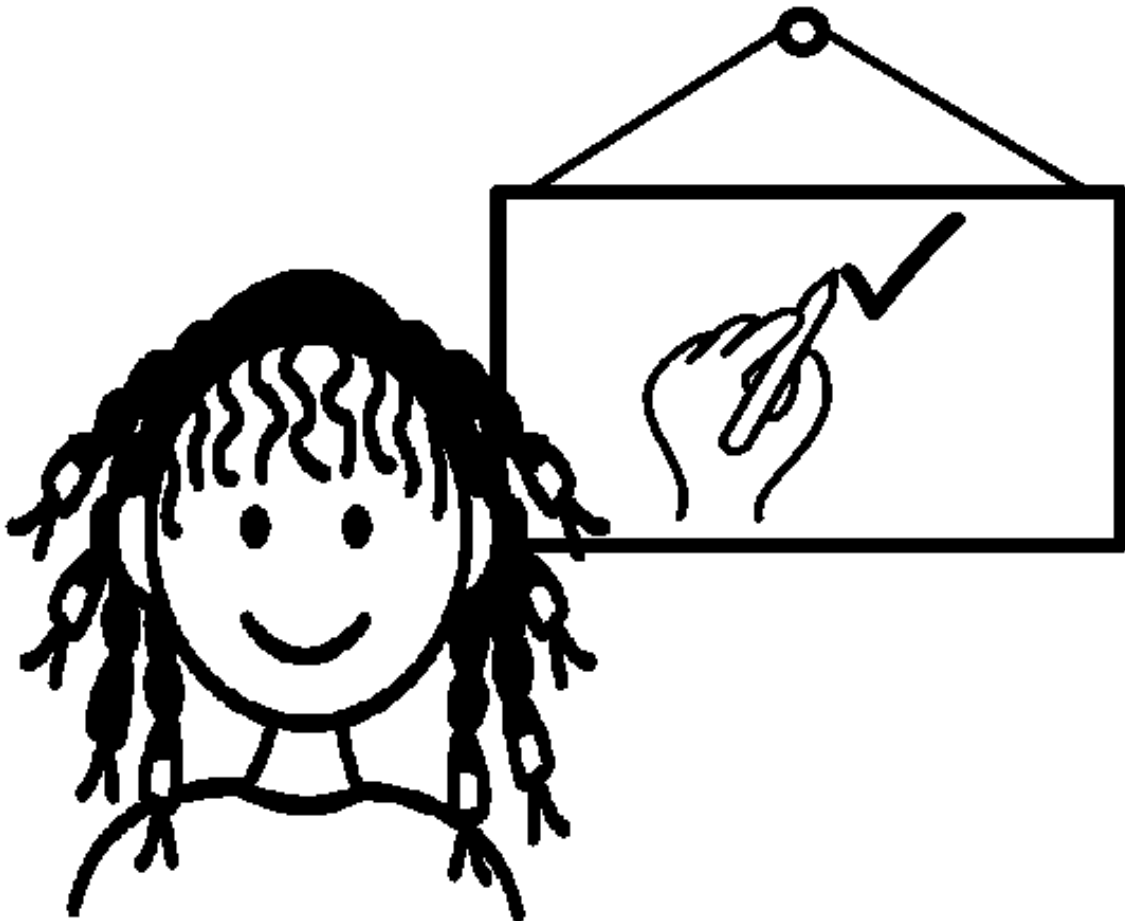
I wear my mask
when it's hard to
stay physically
distanced from
others.



I wear my mask
when I'm sick.



I use my mask
correctly and I take
care of my mask.



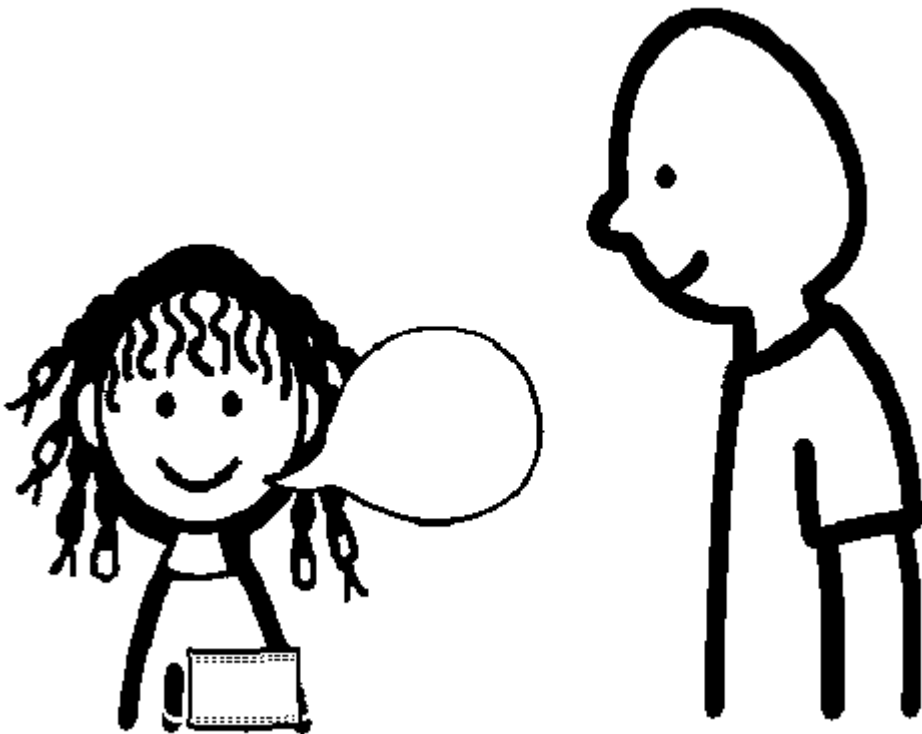
I clean my hands
before putting
on my mask.



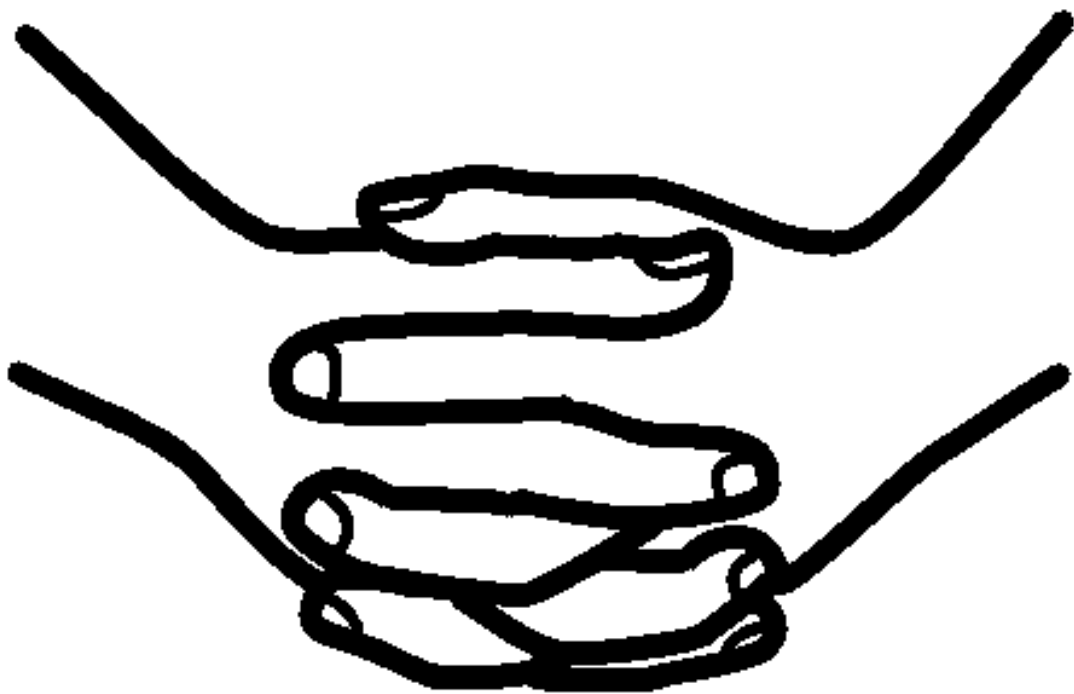
I make sure my
mouth, nose, and
chin are covered
by my mask.



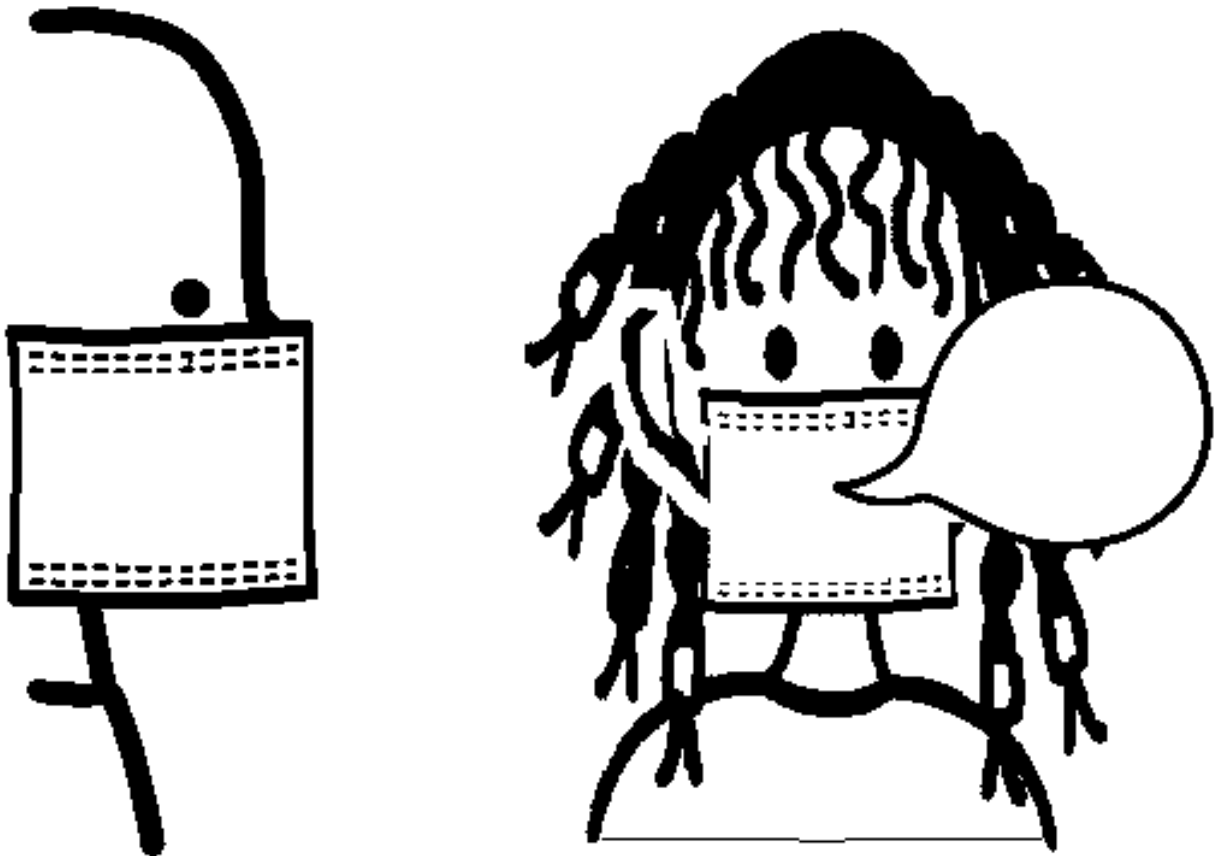
I ask an adult
to help me adjust
my mask so there
aren't any gaps
on the sides.



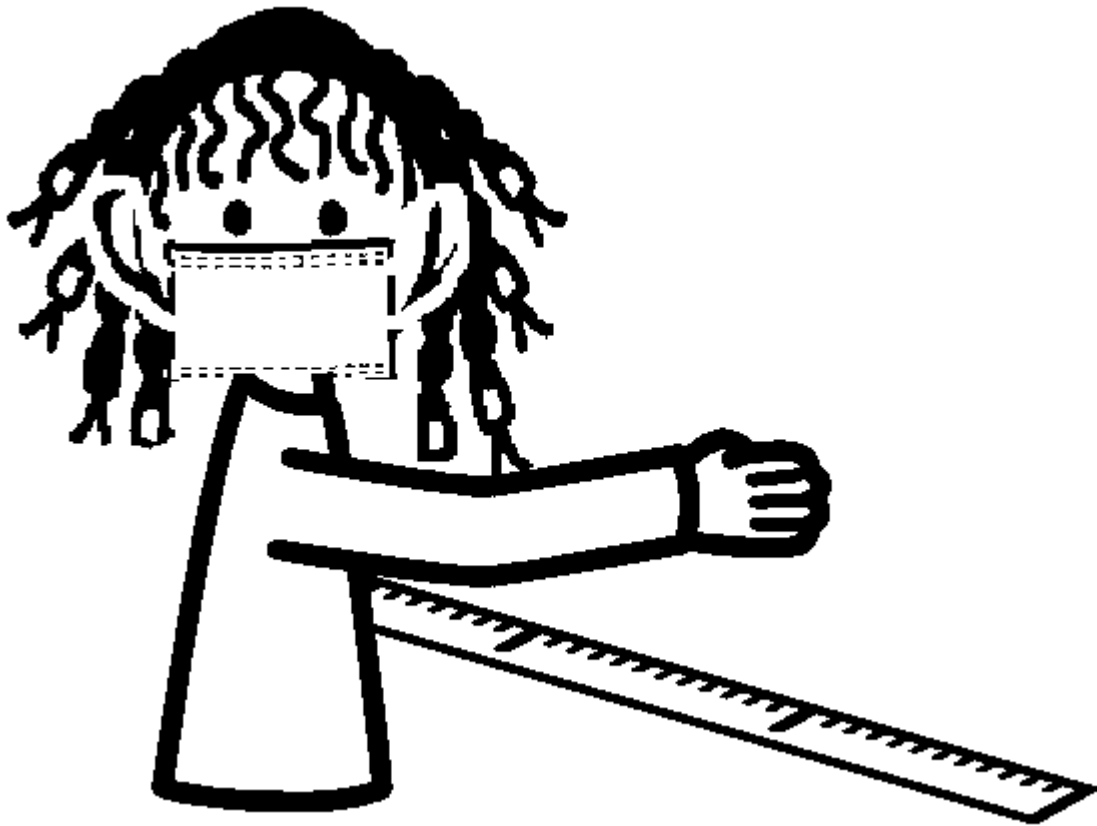
I don't touch my
face while I'm
wearing my mask.



I talk with others
while I'm wearing
my mask.



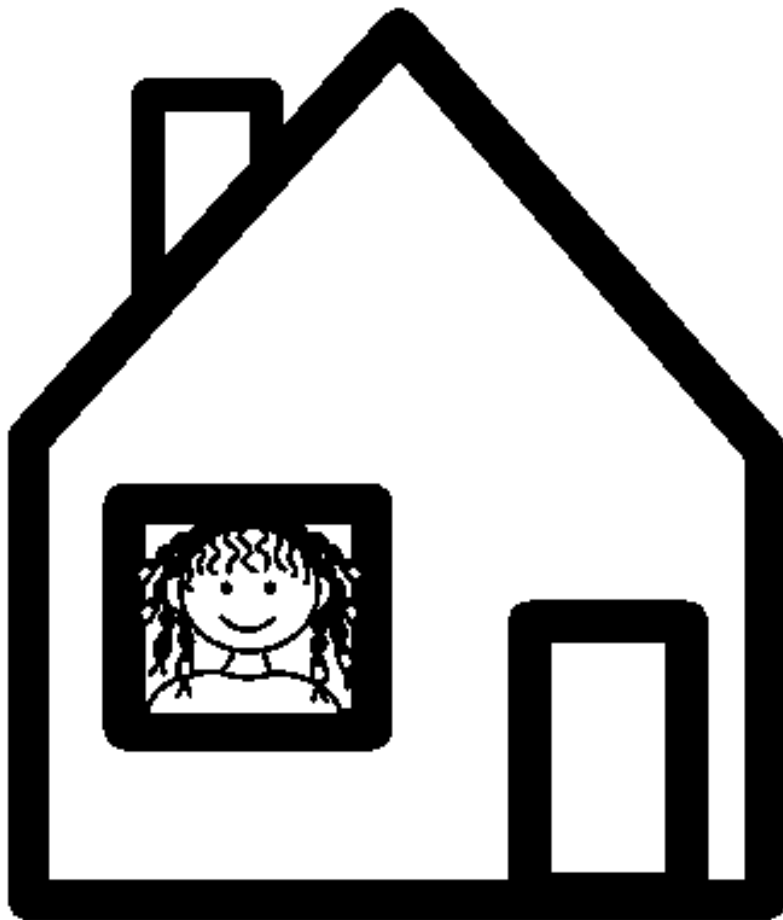
I stay at least one
meter away from
others while I'm
wearing my mask.



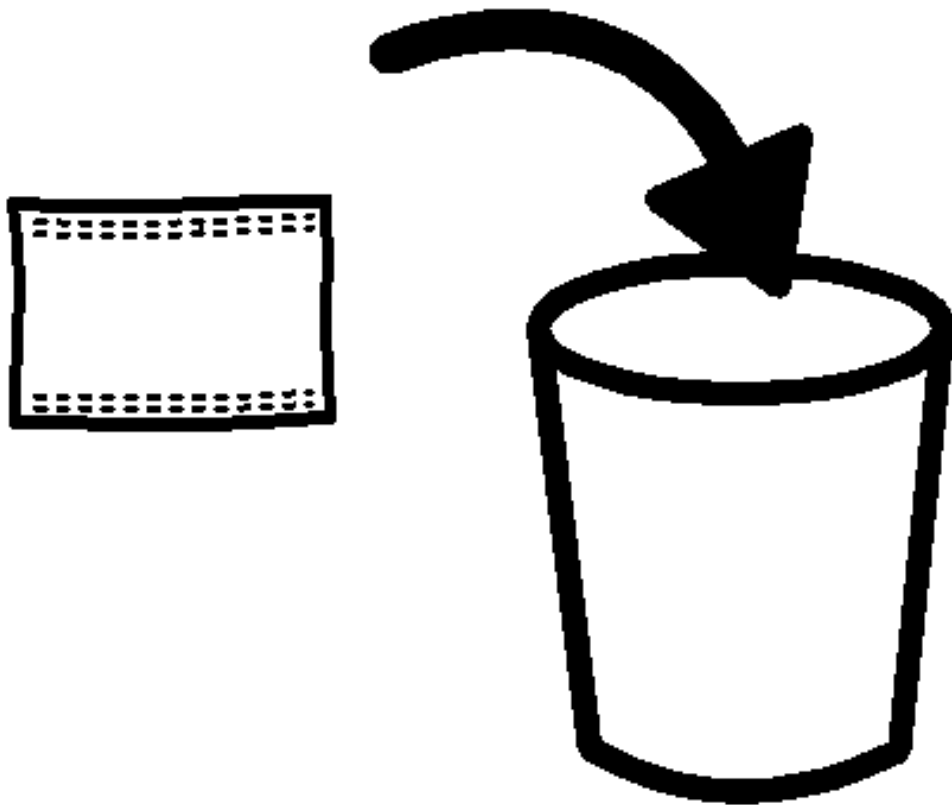
I use my eyes to
smile at others.



I don't need to
wear my mask
when I get home.



If my mask
is disposable,
I throw it away.



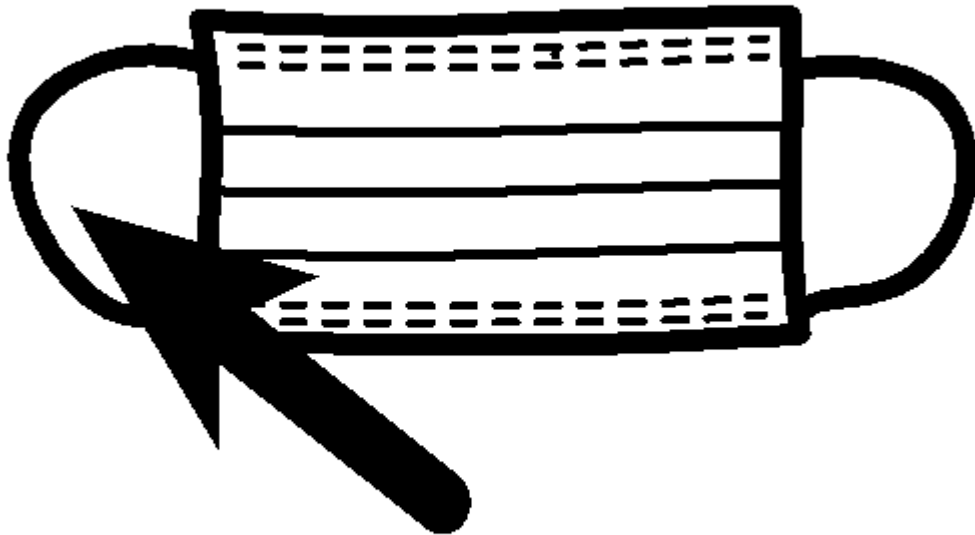
Then I clean
my hands.



If my mask is reusable, I clean my hands before I take off my mask.



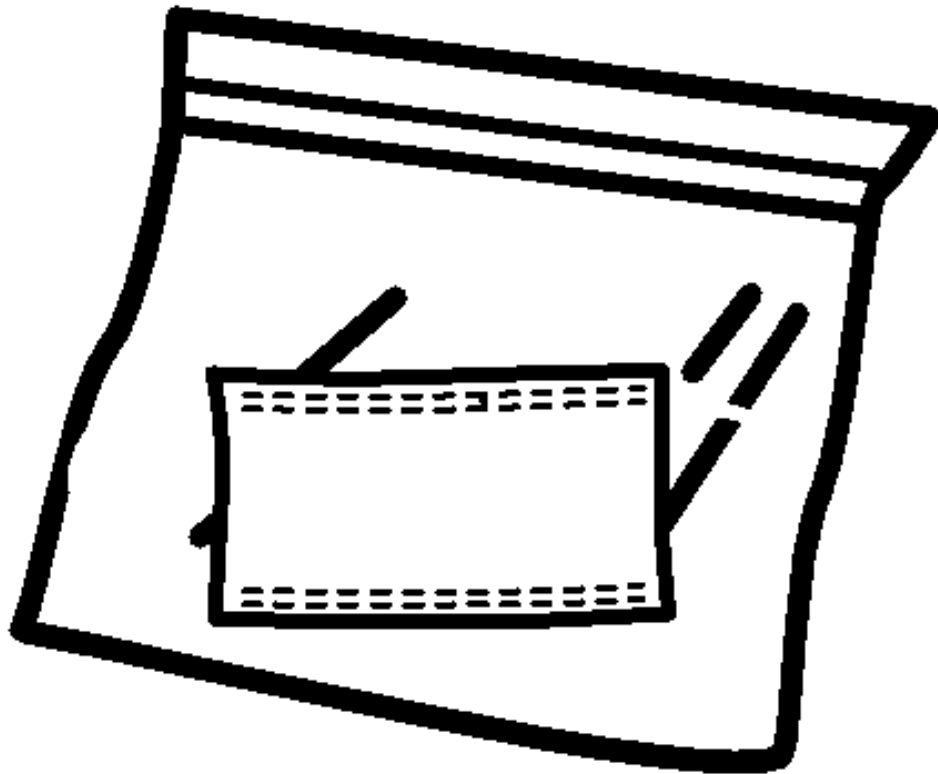
I use the loops on the sides to take off my mask.



I clean my mask
once a day in
hot, soapy water.



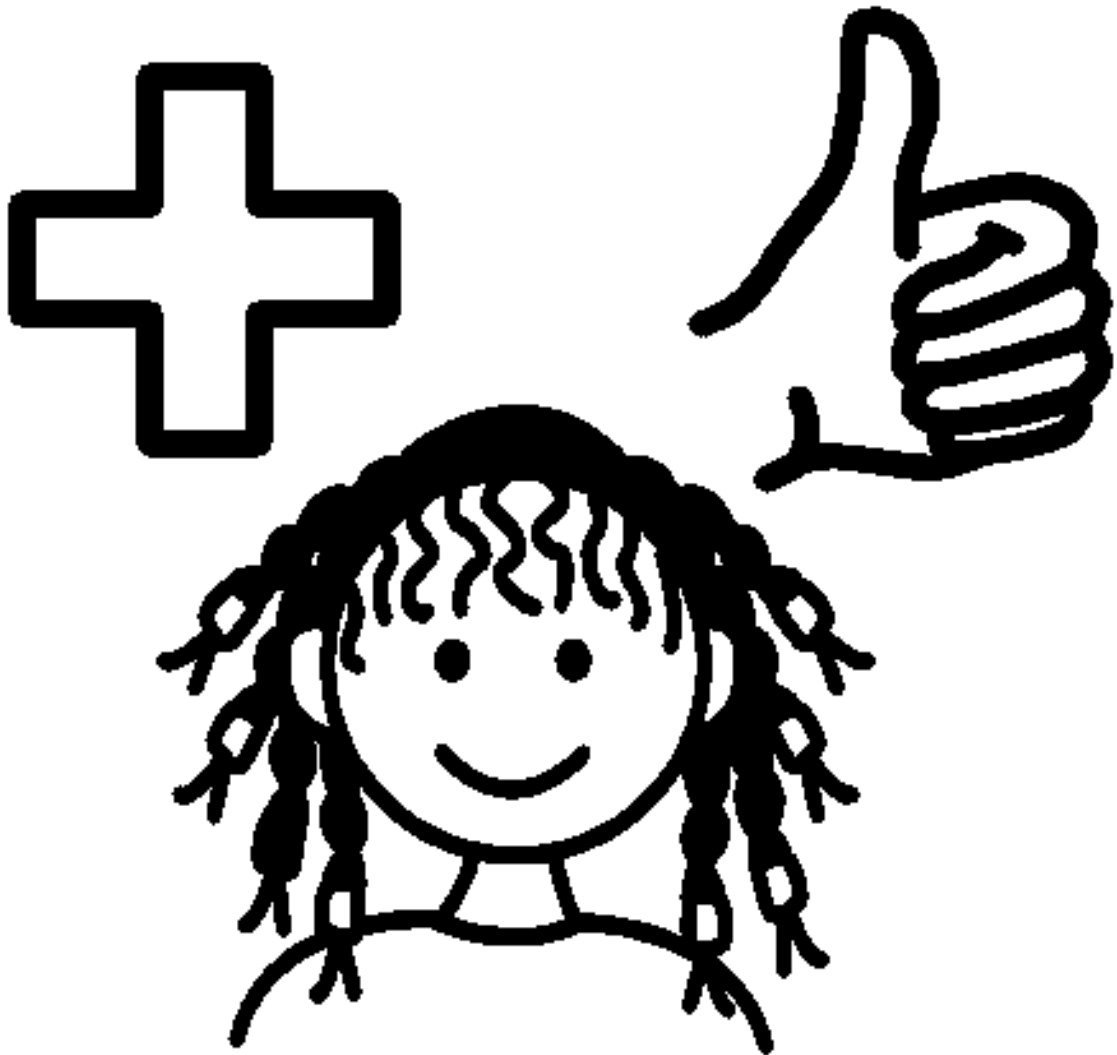
Once it's dry, I store my mask in a clean, sealable bag.



My mask is mine.
I don't use other
people's masks
or share my mask
with others.



Wearing a mask
helps keep us safe!



Check out these digital stories by Social Stories 4 Kids:

**I Can Wonder
About The
World**



By Heather Androsoff

**When A New
Baby Arrives**



By Heather Androsoff

**What Hands
Are For**



By Heather Androsoff

**Snack Time
At School**



By Heather Androsoff

**I Can Practice
Mindfulness**



By Heather Androsoff

**Feeling Safe
At School**



By Heather Androsoff

**Caring For
My School**



By Heather Androsoff

**I Can Show
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At School**



By Heather Androsoff

**I Can Be A
Good Friend**



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**Listening
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At School**



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**Sitting At The
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**Making New
Friends**



By Heather Androsoff

**Lunch Time
At School**



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**When A
Pet Dies**



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Screen Safety



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**Cooperative
Play At School**



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**I Can Show
Self-Control
At School**



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**I Can Use
My Words
At School**



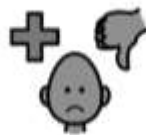
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**Participating
At School**



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**When I Am
Sick**



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**I Can Focus
At School**



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**When
Someone Dies**



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**Learning
At Home**



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**Taking Turns
On The
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